

Autumn/Winter Term Menu

Full allergen information is available and special dietary requirements can be catered for, please contact your school for details. It may be necessary to change the menu without prior notice.

Week Commencing

MENU ONE

05/09/16
26/09/16
16/10/16
14/11/14
05/12/16
09/01/17
30/01/17

Meatballs
OR

✓ Veggie' Meatballs
Rustic Tomato Sauce
Pasta
Broccoli Florets and Sweetcorn

🍴 Eve's Pudding
and Custard

OR Fresh Fruit OR Yoghurt

Monday

Tuesday

🍴 Roast Ham
OR

✓ Quorn Roast
Yorkshire Pudding
Creamed Potatoes
Green Beans and Carrots

🍴 Chocolate Cookie

OR Fresh Fruit OR Yoghurt

Wednesday

🍴 Chicken with
Sweet Chilli Sauce
OR

✓ Veggie' Sweet Chilli
Tortilla Wrap
Vegetable Sticks

🍴 Marble Sponge
and Custard

OR Fresh Fruit OR Yoghurt

Thursday

🍴 Spaghetti
Bolognese
OR

✓ Veggie' Bolognese
Selection of Bread
Vegetable Medley

🍴 Ice-Cream Roll and
Tropical Fruit

OR Fresh Fruit OR Yoghurt

Friday

Fish Goujons
OR

✓ Cheese Wheels
Steak Fries
Garden Peas and Sweetcorn

🍴 Raspberry Buns

OR Fresh Fruit OR Yoghurt

MENU TWO

12/09/16
03/10/16
31/10/16
14/10/16
05/12/16
16/01/17
06/02/17

Chicken Fillet
OR

✓ Quorn Fillet
Sage and Onion Stuffing
Creamed Potatoes
Baby Carrots and Garden Peas

🍴 Fruity Muffin

OR Fresh Fruit OR Yoghurt

🍴 Pork Hotpot
OR

✓ Country
Vegetable Casserole
Broccoli and Cauliflower Florets

🍴 Lemon Drizzle
and Custard

OR Fresh Fruit OR Yoghurt

MENU THREE

19/09/16
10/10/16
07/11/16
28/11/16
02/01/17
30/01/17
13/02/17

Ham and Cheese
Pizza
OR

✓ Margherita Pizza
Potato Wedges
Garden Peas and Baked Beans

🍴 Chocolate Crunch
and Pink Custard

OR Fresh Fruit OR Yoghurt

🍴 Sausage and
Cheddar Squares
OR

✓ Veggie' Sausage
Sauté Potatoes
Baked Beans and Garden Peas

🍴 Banana Custard

OR Fresh Fruit OR Yoghurt

🍴 Chicken and
Tomato Pasta Bake
OR

✓ Pasta Napolitan
Garlic Bread
Winter Salad

🍴 Chocolate
Krispie Slice

OR Fresh Fruit OR Yoghurt

🍴 Roast Pork Loin
OR

✓ Quorn Roast
Yorkshire Pudding
Creamed Potatoes
Broccoli and Carrots

🍴 Oaty Apple and
Cinnamon Crumble
and Custard

OR Fresh Fruit OR Yoghurt

🍴 Chicken Korma
OR

✓ Vegetable Korma
Brown and White Rice
Naan Bread
Vegetable Medley

🍴 Melting Moment

OR Fresh Fruit OR Yoghurt

Tempura
Battered Fish
OR

✓ Cheese and
Egg Slice
Steak Fries
Sweetcorn and Garden Peas

🍴 Pear and
Chocolate Sponge

OR Fresh Fruit OR Yoghurt

Breaded Salmon Fillet
Potato Wedges
Vegetable Medley
OR

✓ Jacket Potato
With Cheese and Coleslaw

🍴 St Clements
Shortcake and Custard

OR Fresh Fruit OR Yoghurt

✓ Denotes vegetarian option (available on request)



Denotes dishes made in the kitchen

Note: Individual schools may offer an alternative choice to the meal options shown. Please contact your school for details.